

IS TCM SUITABLE FOR CHILDREN?

Traditional Chinese Medicine (TCM) is a safe and effective treatment for most childhood diseases and ailments. TCM considers children's illnesses to be different from those of adults. It has recognised paediatrics as a speciality area for thousands of years. Children are not miniature adults, their channels are soft and still undifferentiated, their Qi (life force) is easily manipulated, thus, they need refined and subtle treatment.

Less is more!

Treatment may include the use of acupuncture, herbs, moxibustion and massage. For kids 5 years and under the needles, which are extremely fine, are not retained but removed almost immediately. There is minimal sensation and most kids are happy to return. If necessary a laser is used instead of needles.

A child's energy is very changeable; they get sick quickly and easily but also can recover rapidly in response to the correct medical intervention.

The number of treatments will depend on the child's age, the underlying cause and duration of the disease. We aim to not only cure the presenting problem but make sure that you child regains full strength and immune function and returns to being a happy and healthy person. To this end parent guidance regarding diet, medications, lifestyle and discipline is a priority and we take the time to provide information and support to help you implement the necessary changes.

Patterns set in childhood can last a lifetime but can be changed now.

Ask about how TCM can help with:-

Asthma	Eczema
Cough	Ear infections
Glue ear	Swollen glands
Allergies	Poor immune function
Diarrhoea	Constipation
Reflux	Colic
Abdominal pain	Poor appetite
Fever	Infections
Bedwetting	Night waking
ADD	Autism.

HELEN GORDON
Dip TCM, Cert TCM (China)

THE MENLA CLINIC
14 / 110 Crown Street, Wollongong
4228 1880